

# WILDFIRE'S PHONE A FRIEND



Caroline Xue - Cairns QLD, 2019 WILDFIRE Photo competition

*Helpful contacts for Monash Medical  
Students on their rural placements*

# WILDFIRE'S PHONE A FRIEND

## Bendigo

### Student Advisor

Helen Martin  
T: 03 5440 9068  
M: 0437 225 650  
E: helen.martin@monash.edu

### BENDIGO GP'S

Not fully bulk billing. Monash Medical students will be bulk billed if you ask.

Fully bulk billing

#### Bendigo Primary care

123 Arnold Street  
Phone: 03 5441 8622

#### Bendigo Medical clinic

63-65 Bridge Street  
Phone: 03 5454 2300

#### Tristar Medical Group

68-72 High Street  
Phone: 03 5447 7088

#### Sandhurst Medical Practice

Level 1, 84 Mollison Street  
Phone: 03 5448 0000

### OTHER CONTACTS

#### Bendigo Hospital Accident and Emergency

Drought Street, Bendigo  
Phone: 03 5454 6000

#### Bendigo Police Station

High Street, Golden Square  
Phone: 03 5448 1300 (24 hours)

## Surrounding towns

### GP'S

Most of these GPs will bulk bill for Health Care Card holders, contact and ask.

#### Nightingale Clinic

Phone for billing details  
6 Neill Street, Maryborough  
Phone: (03) 5460 4466

#### Botanical Gardens Health

Private Billing  
137 Cornish Street, Castlemaine  
Phone: (03) 5472 1844

#### Lyttleton Street Medical Clinic

Private Billing but low fees  
64 Lyttleton Street, Castlemaine  
Phone: (03) 5472 3233

### OTHER CONTACTS

#### Maryborough District Health Service

75/87 Clarendon Street  
Phone: (03) 5461 0333

#### Castlemaine Health

142 Cornish Street  
Phone: (03) 5471 3555

#### Kyneton Hospital

7-25 Caroline Chisholm Drive  
Phone: (03) 5422 9900

#### Brooke Street Medical Centre

Private Billing  
14 Brooke Street, Woodend  
Phone: (03) 5472 1002

#### Neal Street Medical Clinic

Fully bulk billing (Weekdays)  
5 Neal Street, Gisborne  
Phone: (03) 5483 3333

#### Kneyton Medical Centre

Private Billing  
9 Market Street, Kneyton  
Phone: (03) 5422 1397

#### Maryborough Police Station

55 Clarendon Street  
Phone: (03) 5460 3300

#### Castlemaine Police Station

32 Templeton Street  
Phone: (03) 5470 4100

## GENERAL CONTACTS

### ANXIETY, DEPRESSION OR SUICIDE

Kids helpline	1800 551 800
Beyondblue	1300 22 4636
LifeLine	13 11 14
Suicideline	1300 651 251
Suicide Call Back Service	1300 659 647
MensLine	1300 789 978
Obsessive Compulsive Disorder and Anxiety Helpline	1300 269 438 or 9886 9377

### DRUGS, ALCOHOL OR GAMBLING

Turning point	1800 888 236
Gamblers help	1800 858 858

### GRIEF OR LOSS

The Compassionate Friends	1800 641 091 or 9888 4944
GriefLine (12pm to 3am)	9935 7400

### SEXUAL ASSAULT

Sexual Assault Crises Line	1800 806 292 or 9349 1766
Centre against sexual assault	9635 3610
Monash Safer Communities Unit (9am to 5pm)	9905 1599

### OTHER

Poisons Information Centre Victoria	13 11 26
Victorian Bushfire Information	1800 240 667
Victorian State Emergency Service	13 25 00
Police Search and Rescue Squad	1800 135 729 or 9399 7503
Water Police Squad	1800 135 729 or 9399 7500
Wildlife Emergency Response Referral Service	1300 094 535

### BENDIGO HEADSPACE

78-80 Pall Mall  
Phone: (03) 5434 5345

### BALLARAT HEADSPACE

28 Camp Street  
Phone: (03) 5304 4777

### COUNSELLING SERVICES

**1300 STUDENT**  
**1300 (788 336)**

Free and confidential counselling for Monash medical students, face-to-face or via telephone. 6 free sessions. Subsequent sessions may be covered by GP mental health plans.

HELPFUL CONTACTS FOR MONASH MEDICAL STUDENTS IN BENDIGO AND SURROUNDS



Barton Lowe - Mt Feathertop, 2019 WILDFIRE Photo competition

# WILDFIRE'S PHONE A FRIEND

## Mildura

### Student Advisor

Carlie Storer

T: 03 5022 5500

E: carlie.storer@monash.edu

## MILDURA GP'S

The following are all bulk billing GPs

### Lime Medical Centre

154 Lime Avenue

Phone: (03) 5023 1200

### Tristar Medical Clinic

243 Thirteenth Street

Phone: (03) 5022 9247

### Ontario Medical Clinic

196-200 Ontario Avenue

Phone: (03) 5023 7311

## OTHER CONTACTS

### Mildura Hospital Accident and Emergency

Ontario Avenue, Mildura

Phone: (03) 5022 3333

### Ontario Family Practice

202 Ontario avenue

Phone: (03) 5021 1688

### Deakin Medical Centre

255 Deakin Avenue

Phone: 03 5022 1488

### Mildura Police Station

62 Deakin Avenue

Phone: (03) 5018 5300

## Swan hill

## SWAN HILL GP'S

### Tristar Medical Clinic

Fully bulk billing

152-162 Campbell Street

Phone: (03) 5032 2133

### Swan Hill Primary Health Medical Centre

Private Billing

31 High street

Phone: (03) 5033 9900

### Swan Hill Medical Group

Private Billing

54-56 McCrae Street

Phone: (03) 5033 1711

## OTHER CONTACTS

### Swan Hill District Health

48 Splatt Street

Phone: (03) 5033 9300

### Swan Hill Police Station

507 Campbell Street

Phone: (03) 5036 1600

## MILDURA HEADSPACE

2/125 Pine Avenue

Phone: 03 5021 2400

## SWAN HILL HEADSPACE

11 Pritchard Street

Phone: 03 5021 2400

## GENERAL CONTACTS

### ANXIETY, DEPRESSION OR SUICIDE

Kids helpline 1800 551 800

Beyondblue 1300 22 4636

LifeLine 13 11 14

Suiceline 1300 651 251

Suicide Call Back Service 1300 659 647

MensLine 1300 789 978

Obsessive Compulsive Disorder and Anxiety Helpline 1300 269 438 or 9886 9377

### DRUGS, ALCOHOL OR GAMBLING

Turning point 1800 888 236

Gamblers help 1800 858 858

### GRIEF OR LOSS

The Compassionate Friends 1800 641 091

or 9888 4944

GriefLine (12pm to 3am) 9935 7400

### SEXUAL ASSAULT

Sexual Assault Crises Line 1800 806 292 or 9349 1766

Centre against sexual assault 9635 3610

Monash Safer Communities Unit (9am to 5pm) 9905 1599

### OTHER

Poisons Information Centre Victoria 13 11 26

Victorian Bushfire Information 1800 240 667

Victorian State Emergency Service 13 25 00

Police Search and Rescue Squad 1800 135 729 or 9399 7503

Water Police Squad 1800 135 729 or 9399 7500

Wildlife Emergency Response

Referral Service 1300 094 535

## COUNSELLING SERVICES

**1300 STUDENT  
1300 (788 336)**

Free and confidential counselling for Monash medical students, face-to-face or via telephone. 6 free sessions. Subsequent sessions may be covered by GP mental health plans.

HELPFUL CONTACTS FOR MONASH MEDICAL STUDENTS IN MILDURA AND SWAN HILL



# WILDFIRE'S PHONE A FRIEND

## Warragul

### Student Advisor

Susan McLeish

T: 03 9902 7113

E: susan.mcleish@monash.edu

## WARRAGUL GP'S

The following GPs have agreed to see Monash Medical students. It cannot be guaranteed that all will not have students sitting in.

### Gladstone Medical Centre

Dr Louise Sterling

46 Gladstone Street

Phone: (03) 5622 0444

### Latrobe Community Health Service

Dr Fahad Zia

31 Mason Street

Phone: 1800 242 696

## OTHER CONTACTS

### West Gippsland Hospital

Landsborough Street

Phone: (03) 5623 0611

### Warragul Police Station

35 Palmerston Street

Phone: (03) 5622 7111

## Traralgon

### Student Advisor

Tina Whitney

T: 03 5122 7231

E: tina.whitney@monash.edu

## TRARALGON GP'S

### Hillcrest Family Medical

Fully Bulk Billing

26 Seymour Street

Phone: (03) 5176 1597

### Tristar Medical Group

Fully Bulk Billing

52 Grey Street, Traralgon

Phone: (03) 5176 5525

## OTHER CONTACTS

### Latrobe Regional Hospital

10 Village Avenue

Phone: (03) 5173 8000

### Traralgon Police Station

17 Kay Street

Phone: (03) 5172 2700

### Leongatha Hospital

66 Koonwarra Road, Leongatha

Phone: (03) 5667 5555

## GP'S IN THE REGION

The following GPs are not all bulk-billing. Call the clinic to confirm the fee schedule before booking an appointment.

The following clinics have agreed to see Monash Medical Students as patients, but cannot guarantee a student will not be placed at the clinic, so call to confirm first.

### Trafalgar Medical Centre

Dr S. Atkinson and Dr M. Kraan

LGBTIQ+ Friendly: Dr S. Atkinson

24A Contingent Street, Trafalgar

Phone: (03) 5633 2211

### Tanjil Place Medical Centre

LGBTIQ+ Friendly: Dr Shane

Roberts (s100 prescriber)

46-48 Albert Street, Moe

Phone: (03) 5126 1344

### Yarragon Medical Clinic

Dr Janine Payne

1 Campbell Street, Yarragon

Phone: (03) 5637 0222

### Long Street Family Medical

Fully bulk billing

1 Long Street, Leongatha

Phone: (03) 5622 4199

### Korumburra Medical Centre

Call to confirm fees

50 Radovick Street, Korumburra

Phone: (03) 5655 1537

### Foster Medical Clinic

Private Billing

97 Station Road, Foster

Phone: (03) 5682 2088

### South Gippsland Family Medicine

Fully Bulk billing

4-6/1 Billson Street, Wonthaggi

Phone: (03) 5126 1344

## GENERAL CONTACTS

### ANXIETY, DEPRESSION OR SUICIDE

Kids helpline	1800 551 800
Beyondblue	1300 22 4636
LifeLine	13 11 14
Suicideline	1300 651 251
Suicide Call Back Service	1300 659 647
MensLine	1300 789 978
Obsessive Compulsive Disorder and Anxiety Helpline	1300 269 438 or 9886 9377

### DRUGS, ALCOHOL OR GAMBLING

Turning point	1800 888 236
Gamblers help	1800 858 858

### GRIEF OR LOSS

The Compassionate Friends	1800 641 091 or 9888 4944
GriefLine (12pm to 3am)	9935 7400

### SEXUAL ASSAULT

Sexual Assault Crises Line	1800 806 292 or 9349 1766
Centre against sexual assault	9635 3610
Monash Safer Communities Unit (9am to 5pm)	9905 1599

### OTHER

Poisons Information Centre Victoria	13 11 26
Victorian Bushfire Information	1800 240 667
Victorian State Emergency Service	13 25 00
Police Search and Rescue Squad	1800 135 729 or 9399 7503
Water Police Squad	1800 135 729 or 9399 7500
Wildlife Emergency Response Referral Service	1300 094 535

## HEADSPACE WARRAGUL

31 Mason Street, Warragul  
Phone: (03) 5136 8300

## WONTHAGGI

5b Murray Street  
Phone: (03) 5671 5900

## MORWELL

Corner of George St and Hazelwood Rd, Morwell  
Phone: 03 5136 8300

## COUNSELLING SERVICES

**1300 STUDENT  
1300 (788 336)**

Free and confidential counselling for Monash medical students, face-to-face or via telephone. 6 free sessions. Subsequent sessions may be covered by GP mental health plans.

HELPFUL CONTACTS FOR MONASH MEDICAL STUDENTS IN WARRAGUL, TRARALGON AND SURROUNDS



# WILDFIRE

RURAL & INDIGENOUS HEALTH CLUB

Barton Lowe - Mt Feathertop, 2019 WILDFIRE Photo competition

# WILDFIRE'S PHONE A FRIEND

## Sale

### Student Advisor

Fiona Davies

T: (03) 5143 8500

E: fiona.davies@monash.edu

### GPS IN SALE AND SURROUNDS

The following GPs have agreed to see Monash Medical students. It cannot be guaranteed that all will not have students sitting in. Ring and say you are a Monash Medical Student.

#### Ingliss Street Medical Centre

Not bulk billing  
12 Ingliss Street, Sale  
Phone: 03 5143 7900

#### Ramahyuck

Fully bulk billing  
2 Stead Street, Sale  
Phone: 03 5144 6511

### OTHER CONTACTS

#### Central Gippsland Health

155 Guthridge Parade, Sale  
Phone: 03 5143 8600

#### Maffra Medical Group

All doctors  
68-72 High Street  
Phone: 03 5447 7088

#### Heyfield Medical Centre

Dr A. Roberts, Dr S. Christian  
LGBTQI+ friendly: Dr Roberts  
19 Tyson Road, Heyfield  
Phone: 03 5148 2201

#### Sale Police Station

1-11 Reeve Street, Sale  
Phone: 03 5142 2200

## Bairnsdale

### Student Advisor

Marnie Connolly

T: (03) 5150 3615

E: Marnie.connolly@monash.edu

### GPS IN BAIRNSDALE AND SURROUNDS

Please contact GP practices for details on billing and ask if they bulk bill medical students.

#### MacLeod Street Medical Centre

93 Macleod St, Bairnsdale  
Phone: (03) 5451 5145

#### Bairnsdale Medical Group

Private Billing  
438 Main Street, Bairnsdale  
Phone: (03) 5152 4123

#### Orbost Medical Clinic

Private Billing  
60 Tyndall Street, Orbost  
Phone: (03) 5154 6777

### OTHER CONTACTS

#### Bairnsdale Regional Health Service

122 Day Street, Bairnsdale  
Phone: 03 5150 3333

#### Advantage HealthPoint

Private Billing  
46-56 Nicholson Street, Bairnsdale  
Phone: (03) 5152 3500

#### Service Street Medical Centre

Private Billing  
Shop 2A/31 Service Street, Bairnsdale  
Phone: (03) 5141 0811

#### Cunninghame Arm Medical Centre

Private Billing  
8 Whifers Street, Lakes Entrance  
Phone: (03) 5155 2300

#### Bairnsdale Police Station

45 Main Street, Bairnsdale  
Phone: 03 5150 2600

## GENERAL CONTACTS

### ANXIETY, DEPRESSION OR SUICIDE

Kids helpline	1800 551 800
Beyondblue	1300 22 4636
LifeLine	13 11 14
Suiceline	1300 651 251
Suicide Call Back Service	1300 659 647
MensLine	1300 789 978
Obsessive Compulsive Disorder and Anxiety Helpline	1300 269 438 or 9886 9377

### DRUGS, ALCOHOL OR GAMBLING

Turning point	1800 888 236
Gamblers help	1800 858 858

### GRIEF OR LOSS

The Compassionate Friends	1800 641 091 or 9888 4944
GriefLine (12pm to 3am)	9935 7400

### SEXUAL ASSAULT

Sexual Assault Crises Line	1800 806 292 or 9349 1766
Centre against sexual assault	9635 3610
Monash Safer Communities Unit (9am to 5pm)	9905 1599

### OTHER

Poisons Information Centre Victoria	13 11 26
Victorian Bushfire Information	1800 240 667
Victorian State Emergency Service	13 25 00
Police Search and Rescue Squad	1800 135 729 or 9399 7503
Water Police Squad	1800 135 729 or 9399 7500
Wildlife Emergency Response Referral Service	1300 094 535

### BAIRNSDALE HEADSPACE

171 Main street  
Phone: (03) 5141 6200

### COUNSELLING SERVICES

**1300 STUDENT  
1300 (788 336)**

Free and confidential counselling for Monash medical students, face-to-face or via telephone. 6 free sessions. Subsequent sessions may be covered by GP mental health plans.

HELPFUL CONTACTS FOR MONASH MEDICAL STUDENTS IN SALE, BAIRNSDALE AND SURROUNDS



# WILDFIRE'S PHONE A FRIEND

## Churchill

### CHURCHILL GPs

#### Hazelwood Health Centre

Fully bulk billing  
9A Georgina Place  
Phone: (03) 5122 2555

#### Latrobe Community Health Service

Fully Bulk Billing  
20-24 Philip Parade  
Phone: 1800 242 696

### POLICE

#### Churchill Police Station

6 Switchback Rd  
Phone: (03) 5122 1790

## Warragul

#### Student Advisor

Susan McLeish  
T: 03 9902 7113  
E: susan.mcleish@monash.edu

### WARRAGUL GP'S

The following GPs have agreed to see Monash Medical students. It cannot be guaranteed that all will not have students sitting in.

#### Gladstone Medical Centre

Dr Louise Sterling  
46 Gladstone Street  
Phone: (03) 5622 0444

### OTHER CONTACTS

#### West Gippsland Hospital

Landsborough Street  
Phone: (03) 5623 0611

#### Warragul Police Station

35 Palmerston Street  
Phone: (03) 5622 7111

#### Latrobe Community Health Service

Dr Fahad Zia  
31 Mason Street  
Phone: 1800 242 696

## Traralgon

#### Student Advisor

Tina Whitney  
T: 03 5122 7231  
E: tina.whitney@monash.edu

### TRARALGON GP'S

#### Hillcrest Family Medical

Fully Bulk Billing  
26 Seymour Street  
Phone: (03) 5176 1597

### OTHER CONTACTS

#### Latrobe Regional Hospital

10 Village Avenue  
Phone: (03) 5173 8000

#### Leongatha Hospital

66 Koonwarra Road, Leongatha  
Phone: (03) 5667 5555

### HEADSPACE

#### WARRAGUL

31 Mason Street, Warragul  
Phone: (03) 5136 8300

#### WONTHAGGI

5b Murray Street  
Phone: (03) 5671 5900

#### Tristar Medical Group

Fully Bulk Billing  
52 Grey Street, Traralgon  
Phone: (03) 5176 5525

#### Traralgon Police Station

17 Kay Street  
Phone: (03) 5172 2700

#### MORWELL

Corner of George St and  
Hazelwood Rd, Morwell  
Phone: 03 5136 8300

## GENERAL CONTACTS

### ANXIETY, DEPRESSION OR SUICIDE

Kids helpline	1800 551 800
Beyondblue	1300 22 4636
LifeLine	13 11 14
Suiceline	1300 651 251
Suicide Call Back Service	1300 659 647
MensLine	1300 789 978
Obsessive Compulsive Disorder and Anxiety Helpline	1300 269 438 or 9886 9377

### DRUGS, ALCOHOL OR GAMBLING

Turning point	1800 888 236
Gamblers help	1800 858 858

### GRIEF OR LOSS

The Compassionate Friends	1800 641 091 or 9888 4944
GriefLine (12pm to 3am)	9935 7400

### SEXUAL ASSAULT

Sexual Assault Crises Line	1800 806 292 or 9349 1766
Centre against sexual assault	9635 3610
Monash Safer Communities Unit (9am to 5pm)	9905 1599

### OTHER

Poisons Information Centre	
Victoria	13 11 26
Victorian Bushfire Information	1800 240 667
Victorian State Emergency Service	13 25 00
Police Search and Rescue Squad	1800 135 729 or 9399 7503
Water Police Squad	1800 135 729 or 9399 7500
Wildlife Emergency Response Referral Service	1300 094 535

### COUNSELLING SERVICES

**1300 STUDENT**  
**1300 (788 336)**

Free and confidential counselling for Monash medical students, face-to-face or via telephone.  
6 free sessions. Subsequent sessions may be covered by GP mental health plans.

## HELPFUL CONTACTS FOR MONASH MEDICAL STUDENTS IN CHURCHILL



**WILDFIRE**  
RURAL & INDIGENOUS HEALTH CLUB

Barton Lowe - Mt Feathertop, 2019 WILDFIRE Photo competition